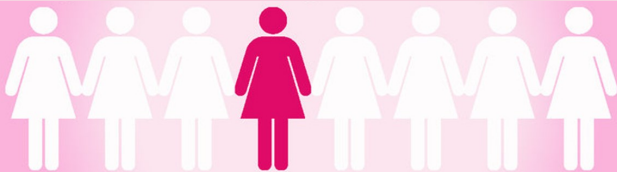


Women's & Men's Health

Regular check-ups can help catch health issues early.

BREAST HEALTH



Breast cancer is the most common cancer in women. It is the second most common cause of cancer deaths.

Mammograms are the best test for finding breast cancer early.

Screenings:

- ⇒ Age 45 to 55: Get a mammogram every year.
- ⇒ Age 55 and older: Get a mammogram every other year, or choose to continue yearly mammograms.

Get regular check-ups and complete preventive screenings. If you are at higher risk, your doctor may have you start earlier or test more frequently.

PROSTATE HEALTH



Prostate cancer is the most common diagnosed cancer among men. Tell your doctor if you experience frequent urination, blood in urine, or pain or burning during urination.

Prostate screenings help detect cancer early.

Screenings:

- ⇒ Prostate Specific Antigen (PSA) test
- ⇒ Digital Rectal Examination (DRE)

Talk to your doctor about the best test for you.